Volume 15, No. 11

Avila College, Kansas City, MO

May 3, 1990

Avila Teaches Women Leadership Skills Examiner Advisement Taken on

By Shirley Anne Keller

Avila women graduates looking for an edge in getting their careers started can find it in The Women's Leadership Institute. The Institute offers an educational program where women can prepare themselves for decision-making roles and develop leadership skills to advance in their careers and community.

The Institute was formed in 1978 on Avila's campus by active women who saw a lack of women in leadership positions. Their mission was "to develop a forum where dynamic Kansas City women could meet to explore the dynamics of leadership, network with one another, and participate in a mentoring program with the ultimate goal of putting more women in leadership positions in the community," said Barbara Engel, Coordinator of Women's Programming in Continuing Education at Avila

Training is provided in conflict management, negotiation skills, networking, and mentoring. Topics such as assertiveness communication, women and power, goal setting, time management, and financial planning are included. Well-known Kansas City women speak at the ses-

The program is enriched by a variety of women from different ages, races, ethnic groups, religious, and economic backgrounds who share their experiences with each other. A bond develops between the women as they learn and grow together. "Contacts develop into long-term friendships," said Engel.

Now in its 12th year, more than 650 women have graduated from the program. There are two classes a year with 30 participants in each class. The 13-week course meets Tuesday evenings at Avila's Whitfield Center and costs \$225. Graduates can return for additional classes and network-

Avila's women seniors are encouraged to apply for the coming year. There is a 25 percent discount for Avila students.



The Women's Leadership Institute.

Photo by Nicole Nicoll.

Avila Ambassadors Introduce

By LeAnne Alexander, Editor

Avila Ambassadors is an organization which works with people. They are an important student element in the recruitment of students to Avila College.

Ambassadors' primary duties include giving tours to prospective students, calling prospective students, and helping with Admissions programs that occur at Avila College. Occasionally, Ambassadors attend College Fairs to talk with students, and may go with Admissions counselors to visit high schools. Ambassadors are required to give one tour each week, attend one meeting per month, and work at planned programs. Tami Gast stated, "Working the Steer Dinner was a neat

be a part of because you are showing contributors what they are doing for the college." Along with this sense of responsibility to contributors, Ambassadors learn to work one-on-one with people. They help persons make decisions that will affect them the rest of their lives. Tami agreed, "I enjoy getting to know students and showing them the school before they make that big decision."

Ambassadors also learn their campus and its community. Mark Hoffman commented that after being an Ambassador, "You'll know about things that you didn't even realize the campus had."

If you are interested in this organization, you can drop by the Admissions Office by May 4, 1990, and see Marlene Mohs for an application. You'll be required to attend an interview before the end of the Spring Semester which will last 30 minutes. Ten students will be chosen as Ambassadors for the 1990-91 school year. Training sessions for the Ambassadors will be held during the fall Semester.

Psi Chi is Reactivated at Avila!

By Ruth Stromberg

At 2:15 in the afternoon on Tuesday, April 17, eight students and two faculty got the reactivated Psi Chi (Avila's chapter of The National Honor Society in Psychology), or Psychology Club - - for short - - off to a rousing

beginning. (It is rumored that many more students are interested!)

Why would anybody want to join Psi Chi? According to Dr. Frank Yeatman, there are several reasons: 1)
membership looks good on graduate school applications and on resumés; 2) it provides opportunities for expanded interaction with faculty in the department, which could come in handy for a letter of recommendation;

3) it presents a forum for discussing topics such as preparing for graduate school, ethics, or to learn more about the Myers-Briggs Type Indicator. Maybe you'd just enjoy support and sharing with other Psychology majors!

The official goals of Psi Chi are to recognize academic excellence and to nurture creative professional development in Psychology. Though there are grade-point requirements related to being a member of Psi Chi, any Psychology major or person interested in Psychology is welcome to attend the Psychology Club. Two or three meetings will be scheduled each semester. The next meeting will be held in September 1990. Keep your eyes peeled for more information to follow in the fall!

by Communications Department

Effective Fall 1990, advisement of the Avila Examiner and its publications staff will be provided through members of the college's Communication program. This change is part of a strategic plan to build the program as one of the fastest growing areas of study at Avila as well as to provide consistency in the educational outcomes associated with working on the Examiner staff.

Actual advisement personnel will be announced later this summer by Dr. Daniel Larson, Humanities Chairman, and Thomas R. Lease, Vice President & Dean for Student Affairs.

The Examiner remains a co-curricular publication as the voice of Avila students, governed by the Student Code of Conduct and the Student Life Policies as noted in the Student Handbook. While many staff members may be working through journalism and writing classes for the paper, membership on the staff remains open to all interested Avila students regardless of field of study or courses in which they are enrolled.

The Examiner will continue to be funded through Student Activity Fee and represents a significant communication system for building awareness on the Avila campus, and examining issues and topics relative to the

If you are interested in working on next year's Examiner staff, and would like to receive communications over the Summer concerning advisement and Fall publications planning, please call the Student Affairs Office in Marian Centre (ext. 227) and leave your name, address, and telephone.

Avila Literary Health Care Magazine Administration Available Concentration Added To MBA By Gretchen Janis Program

A new Health Care Administration concentration has recently been approved as a ninth alternative specialization within the Master of Business Administration program.

New courses being designed to serve this concentration include Health Care Systems, Economic and Political Context of Health Care, Special Problems in Health Care Management, and Current Issues in Health Care Administration. The latter two courses will be partially tailored to the unique need of the students enrolled in a particular semester and they will be taught as seminars.

Students may enter this program from either business or nonbusiness backgrounds. It is believed that it will be particularly appealing to students with bachelor degrees in nursing, health care administration, and other related fields. Enrollment in the program is available immediately.

CORRECTION

Avila's new literary magazine

will be available by the end of this

semester. A student committee

accepted contributions, chose the

winning pieces and voluntarily

We hope to keep this literary

journal going next year, so please

take a look at it. Begin writing your

entries or volunteer to help. All

entries that were considered may

be picked up in the Humanities Office, or by contacting Myrna Arnold at 231-6029.

Due to the volunteer, no-

budget nature, the magazine had to be rather small this year. How-

ever, with volunteers and support

from students, perhaps we can seek funding for a larger edition

next year.

typed and made copies.

In the April 5, 1990 issue of the Examiner, in the article entitled. "Avila's New Program: Ultrasound" the word stenographer was used by mistake. The word that should have been used in it's place was sonogra-

Test Anxiety

By Lisa Levine

In about one hour you have to take an important 100-point chemistry test; you know that you have to get at least a "B." Therefore, you have been very attentive during class, done all your homework, and spent your weekends studying. Last night, when you reviewed for the last time, you knew everything. However, the closer the hour gets, the more you become nervous. Suddenly you get cold hands, sweaty palms, muscle tension and a knot in your stomach. You walk into the classroom with a funny feeling.

Then you sit in your chair with a pencil in hand and wait for your test with the thought, "I'm going to flunk." When you look over the test, you suddenly go blank.

This behavior is called test anxiety. Almost everybody knows this uncomfortable feeling. A small case of anxiety can actually help motivate you, but too much interferes with test preparation and performance.

There are more than 1,400 chemical and physiological changes that occur in the body when a person is under stress. These changes in a stressful situation cause the anxiety. Learning to recognize your body's stress signals is the first step in reducing your anxiety.

If you tell yourself, "I must get an "A," you set absolute standards which only heighten the anxiety.

In your unconscious, the word "test" might already cause anxiety. Avila student, Tasha Kovich said, "the word 'test' makes me nervous, although it depends on how many tests are given in the class." It can be avoided by putting your hand over the "fearful and alarming" word as one student described it, so you don't even see it. A relaxed body also reduces anxiety. Kovich said, "I like to start at the end and work backwards. If it is a hard test, I write everything down ahead of time; this helps me remember the material better."

These are several secrets that will pull you through, and help bring up your grades, but only if vou studied beforehand and know the material.



"Anything Goes" played in the Goppert Theatre April 20, 21, 27 & 28. Above are Hope, Billy, and Reno, played by Marya Anne Ripperger, Todd Robertson, and Kimberly Mills. Photo by Nicole Nicoll.

EDITORIAL COMMENT:It Has Been Worthwhile

By LeAnne Alexander, Editor

As I approach my final round at Avila College, I feel the need to leave some "words of wisdom" which I have learned these last four years.

As you go through school, don't get so bogged down in the process that you forget why you came to college. The reason you came to college is hopefully something like, to learn, gain experience and become an all-around knowledgeable person.

Do your best in whatever you participate in, be it today or ten years from now. If you do make a mistake or are in the wrong on an issue, admit it. It's better to take care of a problem right away than to let it sit and grow. It doesn't matter if the discrepancy is with school, work or friends. Take care of it.

Listen to people's advice. Notice I did NOT say <u>always</u> use it, but listen to it. They are more than likely talking from experience. Or at least you are hearing another perspective. Listen to it. Take the advice for what it is worth, and then make a sound decision based on what you have heard and experienced.

Be open-minded to everything you approach. It may be different or new, but you owe yourself and others the chance to experience and make a decision based on that experience.

The last four years have been tough, tiring, reckless, exciting, tearful and challenging. I've learned far more than words and a diploma express. I thank all of you that have touched my life and added to that knowledge.

Response from

Your letter encouraged me to

According to Tom Lease and

In the Goppert Theatre Lobby,

look into the regulations for smok-

ers and non-smokers at Avila Col-

the Student Affairs Office, there

are many designated areas

there is a non-smoking side and a

smoking side. The same is true in

Marian Centre Lounge, the Snack

Bar, Whitfield and so on. In O'Ri-

elly Hall, one atrium is designated

for smoking, while another is des-

as the classrooms, Goppert The-

atre and the dining area which are

need better visual identification, so

everyone knows the area's desig-

nation - - smoking or non-smoking.

are made known to persons using them, courtesy should be re-

spected. If it is not, then, as a citi-

zen, you have the right to request

LeAnne Alexander

adherence to the policy.

I also feel that once these areas

There are specific areas such

It seems that these areas may

ignated as non-smoking.

strictly non-smoking.

around Avila College.

the Editor

Dear Ms. Ann Cornelius.

Letter to the Editor

Dear Ms. LeAnne Alexander,

As a citizen of the United States, I take great pride in knowing I have choices pertaining to the way in which I choose to live my life. While attending classes at Avila I would hope to enter into an environment in which my health is not endangered. Over the past four years I have been inundated with second-hand smoke from smokers who choose to light up in the lounge areas of O'Rielly Hall and Marian Centre. I am not saying smokers have no rights, but where do their rights stop and mine begin? I believe the administration should designate smoke-free areas in which non-smokers can enjoy their eighty dollars worth of student activity fee.

> Sincerely, Ann Cornelius

HAVE A GREAT SUMMER!

Senate Election Results:

President: Kate Axtell

Vice President: Brett Reinert

Secretary: Rick Truman

Nursing Senator: Sydney Whitlock

Natural and Allied Health Sciences and Mathematics Senator: Laura Hoffman

Business Senator: David Dildine

Humanities Senator: Walter Brandes

Social Science Senator: Derek Moorhead

Education/Psychology Senator: Sharon Pilcher

At-Large Senators: Joann Mulligan, Kate Higgins

EDITORIAL COMMENT: Have You Been To The Library, LATELY?

By Brett Reinert

I know that it may be a lot to ask, but would you go to the library? No, really, I mean it. Contrary to what you may hear, it really does have a lot to offer. I have even done actual term papers there. So, before this semester ends, you really do owe it to yourself to at least walk in and <u>ACT</u> like a student.

Some interesting library facts. Did you know that the Hooley-Bundschu Library houses close to 80,000 volumes of books? That is a few more than you have in your own personal collection, I'm sure. In addition, the library provides over 400 periodicals. There is enough info in the magazines alone to keep a person busy for years.

I'll bet you didn't know that by next year, the library will have a computerized card catalog system. I know because I have personally entered several MILLION titles into the computer. Okay, maybe it was several thousand. ALRIGHT!! It was a few hundred, but just the same, the resources are there, they have very easy access, so why not use it?

You know, there are students on this campus that have never set foot into the library? They refuse to because somebody told them it wasn't very good. They never bothered to check it out for themselves. If people are like that, no wonder George Bush got elected as president. The truth of the matter is that the library offers a veritable myriad of services that people aren't aware of.

The library has a computer search capability for use. For a nominal fee, users can search for the availability of materials on a given subject. It saves the user hours of hands on research, and it can tell the researcher if the topic picked is worth investigating.

Once you find out what you need and where it is available, you can request that library materials from other libraries be sent to Avila via Inter-Library Loan. This process usually takes about a week to complete, allowing for mail time. This loan process can tap resources at such colleges and universities as KU, K-State and UMKC. The list is a mile long.

Avila College is also a member of KCRCHE, a regional consortium of colleges that exchange classes, information and library facilities. You can get a KCRCHE library card in our library that will allow you to check out library materials at any of the KCRCHE regional member institutions. This card is invaluable when supplementing course work or doing research papers.

And let's not forget the resources that Avila has right here. In addition to the books, the library has seven Apple IIe computers and three IBM PC computers for students to use any time the library is open. They also have a full complement of software to support these machines. Next time you need to type a paper, drop by the library, they can help you out.

So, the next time you are in town, drop by! If its only to say "Hi" or even read the paper, then do it. The people who work in the library like to see smiling faces, and your instructors, I'm sure, will enjoy your completed homework assignments. Besides, it may do you some good. Eventually, you may find yourself picking up a good classic to read, like <u>War and Peace</u> or <u>Les Misérables</u> or <u>The Fountainhead</u> or...

EDITORIAL COMMENT:My Freedom Cries

By Bill Beaver

We were free, free to do as we pleased. We were free to abuse our bodies by snorting, smoking, or injecting; free to drink till we dropped - and free to begin each new day the same way. We were free to share ourselves with whomever in an intimate way. We were free to consider our feelings and to de-intimate whenever we finished attaining our needs. We were free to share ourselves without concern for impregnation that could occur, for disease that might transmit, for an unborn's addiction. We were free to abandon responsibility for results. We were free to say to you anything we needed to say, free to then leave your presence and your feelings we affected.

I am free to see that we free ones lived in our worlds of one, that our freedom cried within the many we've known and enslaves us in regret.

GOOD LUCK ON YOUR FINALS!



AVILA DANCE COMPANY

May 5, 1990 8:00 p.m. Goppert Theatre

Sign-Up Now For Summer and Fall classes. See Your Advisor!



Stations of the Cross, sponsored by Campus Ministry, took place March 30.

Photo by Nicole Nicoll.

Examiner Staff

The Avila Examiner is published bi-monthly during the academic year by Avila College for students, faculty, administration and staff. This publication is made possible through funding from Student Activities Fees.

Writers, photographers, and editors are needed to fill staff vacancies. Interested students, with or without newspaper experience, are encouraged to become involved in the publication of this student newspaper.

Opinions expressed in the Avila Examiner do not necessarily represent the official position of Avila College but rather that of the Editorial Staff of the Examiner.

The Avila Examiner reserves the right to edit and print all materials received for publication.

For more information, contact Beth Maren, Director of Residence Life, Marian Centre, Avila College, 11901 Wornall Road, Kansas City, MO 64145



Sister Ruth Stuckel, C.S.J.

Something Ridiculous

Part 4

By Kenneth Jackson

The next morning I started at six a.m. and old McKranky came up to the fence hollering something about Sunday being a day of rest. I said that was the idea, and I planned to do the rest.

Ralph came over around ten and searched for his 'little buddies'. Unable to find them, he started scouring the uncut portion of the lawn for goodies. He couldn't find a single spider, but he did quite well in finding most of the neighbor kids' toys which he threw back over the fence. The kids came out later and thought Santa had crashed landed in the backyard. They were quite happy.

The lawn mower had just died again when Ralph came running out of the underbrush, scared out of his wits, screaming something about monster spiders. This concerned me since Ralph was such a levelheaded person...where spiders were concerned.

The ruckus created by Ralph brought Bob a-running, and the two of us went to investigate. We found my hibachi.

After we calmed Ralph down, I finally managed to mow my way across to the far side of my lawn where Gregg was out sunning himself in his backyard. He looked rather shocked and said "I can't believe you're finally mowing the grass," and asked his wife to go get the camera. I made a comment I won't repeat; he suggested a sign. I said I did every time the mower died but it didn't seem to help.

His wife came back and snapped a few pictures. I asked her if there was film in the camera? She opened it, said yes closed the camera and took a few more pictures while I continued mowing.

Later Gregg came over and suggested I get a brush hog. I said thanks, I would check into it.

I went inside and called the pet store. The man on the phone said something about a lunatic. I thanked him and went back outside where Bob and Ralph were showing Gregg the fallen dandelion. I told Gregg the man on the phone said something about a lunatic. Gregg said he'd never heard of one. I went back to mowing. Gregg went home.

Bob asked me if I still had his garden hose. Ralph stated that there were bits and pieces of it all over the yard. I apologized and offered to buy him a new one, but he said never mind since he had ruined my drill. I found this interesting since I didn't own a drill, never had.

It was around eleven-thirty when I was finishing up. I had about two square feet to go when I discovered a rock...the hard way. By two, we had fixed the mower, and by two-thirty I had finished.

I shoved the mower into the garage where it promptly slammed into a corner and was buried again. Ralph asked me if I had given up. I said that I was finished. Ralph said, really ,I thought you were British. Bob rolled his eyes. I told Bob to consider the source and to forget it. He agreed.

Bob and Ralph lent a hand, and soon Gregg and his wife joined in, and we were finished raking by six. Gregg announced that 237 bags of grass had been accumulated, which was a new world record for non-agriculturally used land. Considering he helped, I refrained from comment.

Ralph wanted to take the dandelion home, so the three of us strapped it to the top of his Pinto. Bob got us all a beer, and we sat down on the back porch and started talking about ol' three legs eating grass, spiders and the prize dandelion. As the last rays of sunlight dimmed, Bob noticed

something flashing in the tree and asked me what it was. When I looked, I noticed the squirrel family sitting on a limb of the elm and they signaling again ... T.H.A.N.K.S.

"You're welcome," I said.
Bob said, "What?"
I said, "Never mind, it wouldn't
make any sense."

End

Avila Dance Concert

The Avila Dance Concert will be held May 5, 1990 at 8 p.m. The concert will include approximately fifteen Avila students an will be choreographed by Brenda May with help from

students and special guests.
For a night of music and dance, join the Concert. It will add a click to your heels and a smile to your face.

Prepare the Way to Pray

Dear Members of the Avila Community,

Jesus has revealed the innermost secrets of God's heart in the Four Gospels. I would like to share with you a way to listen and respond to Jesus, a way to pray the Gospels. It is called the five P's: 1) preparation; 2) passage; 3) picture; 4) ponder; 5) pray.

- Preparation: For a brief period, put your work and worries aside. Still your mind and quiet your heart. It may help to find a quiet place, inside or outdoors. Recall that God is present and wants to speak to you. Ask God for help in hearing and in responding to the passage.
- Passage: Choose a brief passage from the Gospels, such as the following: In the evening of that same day,...the

doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. As the Father sent me, so am I sending you.' After saying this, he breathed on them and said: 'Receive the Holy Spirit. For those whose sins you forgive they are forgiven; for those whose sins you retain, they are retained.' (John, 20:19-23)

- Picture: Use your imagination. See the visit of Jesus with His apostles. Imagine the scene. Hear what is being said.
- 4) Ponder: Read the passage again more slowly. Underline words that strike you. Notice how the passage makes you feel. The following words indicate certain dispositions that might be within you at this time. Circle any words that speak to you. If no word expresses what you are feeling towards God right now, then list your own words that express your present stance before God.

joy	hope	praise	sorrow	adoration
awe	peace	giving	healing	obedience
love	trust	thanks	petition	listening
fear	still	belief	patience	forgiving
poor	yield	desire	waiting	repentance

5) Pray: Open yourself to God's presence. Enter more fully into relationship with God, who speaks through the Gospel reading. Allow your thoughts and feeling to bring you into relationship with a loving, caring God who is present with you. What is Jesus telling you about Himself? What do you wish to tell Jesus about yourself? Let heart talk to heart.

If you desire to grow in prayer, then this way of the five P's may be helpful. If your prayer life is already very deep, then perhaps in the next issue you would share the way that works for you. Prayer is both a gift and an art. To become good at it you need to pray.

God's blessings on your efforts.

CREATIVE EXPRESSION A Touch in the Wind

By Bill Beaver

You enter my playground, a special fantasy
Where few be found, then only then by invitation.
Forthwith I claim most selfishly
Your presence within my fantasy.
A special guest I decree of thee.
Thy spirit, methinks, shall delight at our romantic escapades,
Meticulous with simplicity.

A blasting freezer that February night
Forced our snuggling for warmth,
Kittens seeking their mother's breast.
And like the mother cat to her kittens, kissed:
Warmth received.
Couldst the kittens' mother do otherwise?
Nay couldst you nor I.

Hereafter avow thee to list your lips to mine, to linger A minimum minute, to savor the flavor of light mite. Please I of thee with the bright-smiling eyes: Kiss with me to-night.

OPPA Produces a Super City

By Kenneth (Montana) Jackson

On April 4, 1990, OPPA (The Organization of Politics & Public Administration) through Avila College presented a mock town meeting to promote intellectual and professional growth in the field of Public Administration. The hypothetical Super City, USA, encompasses two Missouri and two Kansas counties, which includes 61 cities, towns and townships, 46 police and fire departments, 16 water departments, 11 sewer districts, 28 school districts, 26 major hospitals, 59 parks and other public services and activities.

Speakers included Councilman Emanuel Cleaver II and City Manager David H. Olson from K.C. Mo., Director Ray S. James from the K.C. Election Board, County Commissioner Kent E. Crippin and County Administrator Eugene H. Denton from Johnson County, County Executive Bill Waris from Jackson County, Mayor Glenna Todd and City Administrator David Warm from Liberty, and City Administrator Barbara Vernon from Prairie Village.

The agenda for the meeting opened with a prayer and the pledge of allegiance, followed by introduction of each council and remarks by each council member. Speakers emphasized the importance of finding a way to make county and state lines disappear to form a stronger and unified Super City. The wide range of topics included discussions regarding culture, drugs, education, the environment, conventions, the zoo, the aging infra-structure, waste & sewage, and ethics to name a few.

Following remarks from council members, questions, which were generated by the large audience, ranged from regional pollution and taxes to problems affecting the area and policy changes that would be required. Following the meeting, refreshments were served. According to Sister Marie Joan Harris, the town meeting was a great success.

Paid Vacations Local Assignments Word Processing Data Entry

• Local Assignments • Data Entry
• In Depth Training • Light Industrial

IMMEDIATE JOBS

Temporary & Permanent

STUDENTS & RETIREES WELCOME

Staffing

Performance Bonuses

· Paid Holidays

Staffing All skills wanted - CALL NOW

661-0066

· Clerical

Secretarial

8101 College Boulevard, Overland Park, KS 66210

Your sister, Ruth Stuckel, C.S.J.

ATTENTION Freshmen & Sophomores

You Don't Have To Be A
Genius to get financial aid for
higher education. You just have
to be smart enough to try!

College Scholarship Service is a unique, new, computerized service designed to provide 6 to 25 sources of financial aid matched with the individual needs, interests and qualifications of virtually any student.

College Scholarship Service has researched thousands of sources of financial assistance, and fed the results of that research into it vast data bank.

Complete a College Scholarship Service Dataform, and the programmed computer provides you with the sources of aid for which you are specifically qualified. All you need do, is follow through. Try.

BE SMART!

For free and complete information, fill out and mail the coupon below.

Please Send Free Information

Name of Student		
Address		
City	State	Zip
Telephone Number ()	
School Attending		

Please send this coupon to:
College Scholarship Service

P.O. Box 15182 Lenexa, Kansas 66215

Year in School

Lady Avalanche Hope For Strong Finish

By Derek Moorhead

Hopes are high as the Lady Avalanche come to a close on their second season of softball. The team hopes to win most of their final games and finish strong. This year, the girls have remained optimistic and have not

The title for this team has been "speak softly and carry a big stick," with "big stick" in the literal sense. Hitting was the key to success for the girls. At the end of April, the girls led the district in hitting percentage.

Coach Ice feels that the team has improved, and is very proud of the intensity and drive in her girls. Already, she is looking forward to next season. Recruiting has begun, and Coach Ice is building for next year.

The team hopes to get help in the way of a pitcher. The girls have only one pitcher this year. Throughout the entire season, the pitcher has had to pitch both ends of their doubleheaders.

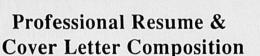
A special thanks goes out to all the athletes. The Lady Avalanche is made up of Senior Janet Aguirre, Juniors Krista Kanies, Lisa Herbert, and Angie Sullivan, Sophomores Therese Piper, Becky LeMasters, Anne Dempsey, Cecilia Moloney, Kim Nordike, Lisa Fisher, and Freshmen Laura Hoffman and Jennifer Berry.

The softball team finished their season at UMKC, Friday April 27, and at Northwest Missouri State on Monday, April 30.



1990 Girls Softball team.

Photo by Nicole Nicoll



- Same Day Service
- Laser Typesetting Free Job Interview Kit

Reasonable Rates

WORD

4706 Shrank Dr. Independence, MO 64055 478-0406

Receive student

discount with

this ad!

BE INFORMED! **READ THE** AVILA EXAMINER!

PACKAGE HANDLERS WANTED for

SUMMER **EMPLOYMENT** & YEAR-ROUND

Roadway Package Systems, a small package delivery service hires college students to load and unload package vans and semi-trailers. If you are at least 18 years old and want to work 4 to 5 hours per day, Monday thru Friday we can offer you \$7.00 per hour plus \$1.00 per hour tuition assistance after 30 days.

Excellent Opportunity For Promotion While A Student And After Graduation

Call 321-1705

or apply in person at 333 North James Street, Kansas City, Kansas 66118

> Tuesday - Thursday between 10 a.m. - 3 p.m.

GOOD LUCK 1990 **AVILA GRADS!**

Fast Food Escape

By Lisa Levine and Tasha Kovich

Welcome to the wonderful world of food! Today's guest is Keegan's Bar-B-Q. This family restaurant has a no-frills atmosphere that lets the food speak for itself. The hospitable service make you feel right at

Everything from the chicken "wingy-dingies" to the beef tips is absolutely mouth-watering. The hardest decision you will have make is choosing from the wonderful array of food. Meal prices range from three to eleven dollars. Side orders and appetizers vary from one to

Overall, we give this restaurant an "A+" grade.

If barbecue tempts your taste buds, try Keegan's Bar-B-Q located at 325 East 135th. Keegan's is open Tuesday through Thursday from 11:00 a.m. to 9:00 p.m., Fridays and Saturdays 11:00 a.m. to 10:00 p.m., and Sundays from 12 Noon to 9:00 p.m. They are closed on

Entertainment Review The Roxy

By Shelly Hays

For those of you over twenty-one who think a bar is for one thing only, namely drinking beverages other than Kool-Aid, I have a surprise for you. The Roxy Bar and Grill at 7230 W. 75th in Overland Park offers something for anyone who wants diverse entertainment.

Complete with all of the enticements of the standard nightclub, the Roxy Bar and Grill offers good food at reasonable prices, great Rhythm and Blues bands (including K.C.'s famous Sunday night Jam Session regulars Oliver Riley and the Blue Notions)

If you are interested in joining a dart or pool league, there is always an opening for someone with a competitive spirit. Aside from the Kansas City League competitions, the Roxy offers Triathalons (Darts, Pool and Shuffleboard) and individual tournaments throughout the week - and not merely for fun! The bar matches half the pot!

For a relaxing night spot the Roxy offers something for the thirsty, hungry, dancer, and competitor.



GALLERY EXHIBITION Dr. Bill Louis

Varied Expressions May 8 - May 13, 1990



CLASSIFIED AUS

RESUME SERVICE Get Results!

Create New Resume Update Old Resume

Make powerful impact on employers! Ashner Communications 599-0306

Word Processing - Academic papers, theses, resumes, correspondence, manuscripts. Spelling/punctuation corrected at no cost. 20 years experience. Your satisfaction guaranteed. Westport area. Sherry Sullivan, 531-8573.

To the Examiner Staff and everyone who has taken part in the newspaper this year, I thank you. I could not have completed the task without all of the help!!!

Sincerely, LeAnne Alexander, Editor

Beth and Sydney

Thanks for the help and fun. It made layouts ever exciting and new. You are both GREAT!

Kim Jurd,

CONGRATULATIONS!!! You paid your dues and now you can party!!! I know you'll be great at the new job.

Always friends. LeAnne

Nancy Boutte,

Hang in there, one more year and you'll be free!

Friendship. LeAnne

Hey Seniors,

It is almost over...and then...what??????

Boss, Hightop, Hollywood, Jester, and Yo-Yo,

It has been my honor and pleasure to get to know each of you during the school year. You guys truly are the greatest friends a guy could want. I hope each of you have a great summer, and THU to all!

- Oyster

Hightop,

Thanks for being a great roommate! I'm looking forward to next year.

- Oyster

ARTIST RECEPTION

May 11, 1990 5:30 - 8:00 PM

Open to the Public Admission is Free

Gallery Hours

Monday-Friday, 10 AM - 4 PM Saturday-Sunday, 2 PM - 4 PM Closed on School Holidays

Avila College Thornhill Art Gallery 11901 Wornall Road Kansas City, MO 64145 - 1698

816-942-8400